

January 2018

Dear Parent or Guardian,



You may be eligible for SNAP - the Supplemental Nutrition Assistance Program. This program helps put nutritious food on your family's table by supplementing your monthly grocery budget.

If your child receives free lunch at school, your household may be eligible for SNAP. Even if your child receives reduced lunch, you may be eligible for SNAP. With SNAP, your children automatically qualify for the free lunch program at school, eliminating additional paperwork!

Please review the SNAP monthly gross income guidelines below:

Household Size	Age 59 and Under	Age 60 and over or Disabled
2	\$2166	\$2708
3	\$2723	\$3404
4	\$3280	\$4100
Each additional household member	Add \$558	Add \$698

A SNAP application can be completed by telephone in just 30 minutes. An application for LIHEAP, home energy assistance, can also be completed with a SNAP application. For fast, friendly assistance, call the SNAP Community Outreach Educator in Somerset County, Kathie Shaffer, at 814-443-1901 Ext. 2, or complete an online request for SNAP assistance at [www.pittsburghfoodbank.org/programs/snap](http://www.pittsburghfoodbank.org/programs/snap) and SNAP will contact you. Keep your children healthy and strong with SNAP and nutritious food all year long!

Sincerely,



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**Tapestry of Health**