



SALISBURY-ELK LICK SCHOOL DISTRICT LUNCH MENU

January 2012

Choose at least 3 of the 5 items to qualify
as a lunch.

2 oz. Meat/ Meat Alternative

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SECOND CHOICE</u>
<p><u>High School Alternatives</u></p> <p>Cheese Pizza Chicken Patty on a Bun P.B.& J Hamburger on bun Choose Two</p> <p style="text-align: center;">Menu <i>Subject to Change Lunch Prices</i></p> <p>Elementary-\$1.25 High School-\$1.35</p> <p>Adult -\$2.55</p>	2 VACATION	3 Meatball Hoagie 1/2 cup Garden Peas 1/2 cup Fruit Choice 1/2 pt. Milk	4 Pasta with Meat Sauce Garlic Bread 1/2 cup Green Beans 1/2 cup Fruit Choice 1/2 pt. Milk	5 Chicken Stir Fry Rice 1/2 cup Fruit Choice 1/2 pt. Milk	6 Chicken Ring Things Slice of Bread 1/2 cup Broccoli w/ Cheese 1/2 cup Fruit Choice 1/2 pt. Milk	Monday Chicken Nuggets Or Peanut Butter and Jelly Sandwich
	9 BBQ Ham Sandwich 1/2 Cup Tator Tots 1/2 cup Fruit Choice 1/2 pt. Milk	10 Chili Cornbread 1/2 cup Celery and Carrot Sticks 1/2 cup Fruit Choice 1/2 pt. Milk	11 New Years Dinner Pork Roast Sauerkraut 1/2 cup Mashed Potatoes 1/2 cup Fruit Choice 1/2 pt. Milk	12 Italian Dunkers w/ Sauce 1/2 cup Green Beans 1/2 cup Fruit Choice 1/2 pt. Milk	13 Chicken Taco Lettuce & Salsa 1/2 cup Seasoned Corn 1/2 cup Fruit Choice 1/2 pt. Milk	Tuesday Ham Sandwich Or Peanut Butter and Jelly Sandwich
	16 No School Snow Make-up day (if needed)	17 Breakfast for Lunch Pancakes Sausage Patties 1/2 cup Hash Brown 1/2 cup Fruit Choice 1/2 pt. Milk	18 Pepperoni Roll 1/2 cup Green Beans 1/2 cup Fruit Choice 1/2 pt. Milk	19 Beef Taco Lettuce & Salsa 1/2 cup Steamed Corn 1/2 cup Fruit Choice 1/2 pt. Milk	20 Macaroni & Cheese 1/2 cup Broccoli 1/2 cup Fruit Choice 1/2 pt. Milk	Wednesday Hot Dog on a bun Or Peanut Butter and Jelly Sandwich
<div style="border: 1px solid black; padding: 5px; width: fit-content;"> <p>Food Service Director Rachel Haning 814-662-2733 ext. 207</p> </div>	23 Grilled Cheese Sandwich Tomato Soup 1/2 cup Carrots 1/2 cup Fruit Choice 1/2 pt. Milk	24 Barbeque or Buffalo Chicken Pizza 1/2 cup Tossed Salad 1/2 cup Fruit Choice 1/2 pt. Milk	25 Cheeseburger 1/2 cup French Fries 1/2 cup Fruit Choice 1/2 pt. Milk	26 Nacho Grande Lettuce & Salsa 1/2 cup Corn 1/2 cup Fruit Choice 1/2 pt. Milk	27 BIRTHDAY CAKE DAY! Chicken Strips Slice of Bread 1/2 cup Steamed Peas 1/2 cup Fruit Choice 1/2 pt. Milk	Thursday Sloppy Joe on a Bun Or Peanut Butter and Jelly Sandwich
	30 Sloppy Joe on a Bun 1/2 cup Tator Tots 1/2 cup Fruit Choice 1/2 pt. Milk	31 Ham & Cheese Panini 1/2 cup Green Beans 1/2 cup Fruit Choice 1/2 pt. Milk	<div style="border: 1px solid black; padding: 5px; background-color: #f0f0f0;"> <p>Available Daily at Lunch: Fresh Fruit, Canned Fruit, Tossed Salad</p> <p>Milk Choices: Skim, 1% Flavored, 2% White Flavored Milk may included</p> <p>Chocolate, Vanilla, and Strawberry</p> </div>			Friday Grilled Cheese Sandwich Or Peanut Butter and Jelly Sandwich



ELEMENTARY BREAKFAST MENU

January 2012

SALISBURY-ELK LICK

Food Service Director
Rachel Haning
814-662-2733 ext. 207

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p style="text-align: center;">2 Breakfast Pizza Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>	<p style="text-align: center;">3 Fruit Danish Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>	<p style="text-align: center;">4 Cinnamon Roll Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>	<p style="text-align: center;">5 French Toast Sticks Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>	<p style="text-align: center;">6 Hot Oatmeal w/toast Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>
<p style="text-align: center;">9 Breakfast Pizza Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>	<p style="text-align: center;">10 Sausage on a Biscuit Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>	<p style="text-align: center;">11 Ultimate Breakfast Round Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>	<p style="text-align: center;">12 Pancakes w/ Syrup Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>	<p style="text-align: center;">13 Super Bun Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>
<p style="text-align: center;">16 No School Snow Make-up day (if needed)</p>	<p style="text-align: center;">17 Hot Oatmeal Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>	<p style="text-align: center;">18 Funnel Cake Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>	<p style="text-align: center;">19 Sausage on a Stick Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>	<p style="text-align: center;">20 Assorted Muffins w/ toast Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>
<p style="text-align: center;">23 Breakfast Pizza Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>	<p style="text-align: center;">24 Cinnamon Roll Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>	<p style="text-align: center;">25 Ham & Egg on a English Muffin Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>	<p style="text-align: center;">26 Super Donut Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>	<p style="text-align: center;">27 Waffles w/ syrup Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>
<p style="text-align: center;">30 Breakfast Pizza Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>	<p style="text-align: center;">31 French Toast Sticks Or Choice of cereal w/toast 1/4 cup Fruit or Juice 1/2 pt Milk</p>			

BREAKFAST MENU

Menu Subject to Change

